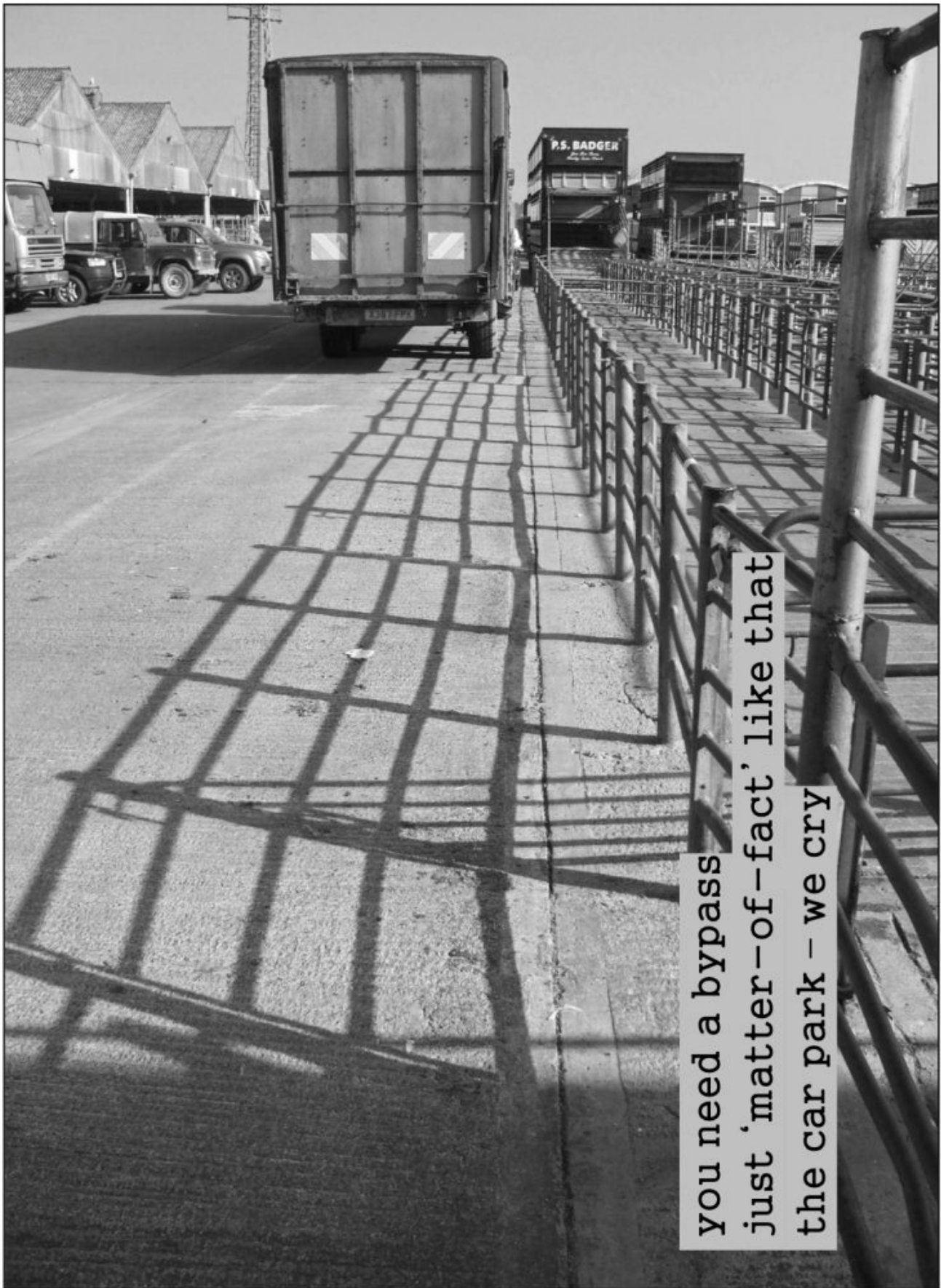


# The Cows Call

Category: visuals

written by Stephen Heptinstall | September 21, 2018



you need a bypass  
just 'matter-of-fact' like that  
the car park - we cry

'I felt very unsupported because I was in a strange place and somebody, you know I'd just met, the doctor was telling me I'd got serious heart problems and er, I needed bypass surgery, very likely I would need bypass surgery and er, you know I'm there on my own and I felt very shocked about it, erm, after that my wife came and picked me up...' - Henry

## **Stephen Heptinstall**

### **About the artist:**

Stephen Heptinstall is a cardiac rehabilitation practitioner and researcher at Hereford County Hospital, Hereford, UK. He strives for a holistic approach to practice, which involves listening to the voice of his clients' "lifeworld."

### **About the artwork:**

"I undertook a series of reflective pieces as part of my research into farming couples' experiences of living with angina pectoris. These featured both imagery and and senryu (human haiku) interpretation of client narratives. My aim was to capture emotional high points, so that my findings would reach the hearts of readers, and not just their heads."

### **Visuals editor:**

Sara Kohrt