

Sunset

Category: visuals

written by Mary T. Shannon | August 24, 2018



About the artist:

Mary T. Shannon is a psychotherapist specializing in using writing and art as adjunctive treatment tools. She recently completed her memoir *For Girls Like Me* and is now working on a short-story collection, *All I've Ever Wanted to Say*.

About the artwork:

"This photograph was taken in San Diego and is one I have looked at a lot recently, as my father-in-law is now in hospice care. The photo reminds me

that death is part of life's journey. Even as we splinter and dance around death, desperate to hang on or to let go, it is a common thread we all share."

Visuals editor:

Sara Kohrt