

# Chasing Sunrise

Category: visuals

written by Angira Patel | November 16, 2018



## **About the artist:**

Angira Patel is a pediatric and fetal cardiologist in Chicago. She has an interest in medical ethics and education.

## **About the artwork:**

“I had given news to future parents that their unborn child had congenital heart disease. As expected, the parents were devastated. It did not matter that surgeries could be done or that children could live with this heart problem. I had, in that brief one hour interaction, taken away their hope of a ‘perfectly’ healthy child. My brain knew I had not caused the heart disease in any way, but my heart did not. I carried their grief with me. As I was driving to work the next morning, I saw this man running on the lake. The clouds, the sunrise, the slightly hunched posture of the person all spoke to what I was feeling and perhaps to what the parents were feeling as well. ‘Just keep going,’ I told myself, ‘you are meant to be at their side through this journey, no matter how imperfect it may be.’ ”

## **Visuals editor:**

Sara Kohrt