

Breathless Glitter

Category: visuals

written by Maria Lupo | January 10, 2014



Maria Lupo

About the artist:

Maria Lupo is a registered art therapist in New Jersey. She holds masters degrees in fine arts and in counseling psychology and serves as the chair of the New Jersey Alliance for Arts and Health. The recipient of the 2010 Outstanding Professional in the Arts award from the Arts Council of the Morris Area, she exhibits her artwork nationally. "I have trusted art all my life as a way to cope and heal."

About the artwork:

Breathless Glitter, mixed media: oxygen mask used while transporting the artist's mother to the hospital, topsoil, acrylic, glitter, faux leaves. 2012.

"My mom's time on earth was coming to an end. She was my best friend, and I had

cared for her through every illness. How could I reconcile removing the ventilator upon which she was dependent? I could do it through the power of art. As an art therapist, this is the gift I give to others; now it was my time to reach into my tool bag to practice what I advocate. I created a series of artworks during this time and shared these images with friends and family. Through this process I was able to comfort them and honor my mother with my art, something she had always encouraged and treasured.”

Visuals editor:

Justin Sanders