

Housebound

Category: Recovering

written by Pris Campbell | November 4, 2024

I've always enjoyed being around people, both at work and with friends. I also liked daily biking and sailing off and on. Then, in 1990, a neuroimmune illness hit me out of the blue. Since that time, the disease has kept me almost completely housebound and able to tolerate only brief personal contacts.

I do have online friends. One set consists of persons who share my disease. Another are those who share my passion for writing.

Recovery from this degree of isolation remains difficult for me. I want to be out there, arm in arm with friends, sampling new restaurants, having people over to the house and biking by my beloved ocean again. I get tired of being always in my house or riding short distances in my power chair on days when my head isn't too swimmy.

I've learned to cope with isolation. It's the best I can do.

Pris Campbell

Lake Worth, Florida